

# Naivelt ניידעלעך News

Issue 3 July 17, 2015

## Something for Everyone: Music Week Launches at 3pm Sunday

### What's On This Week

#### **Saturday, July 18**

##### **11am**

Youth Fun at the Lak  
Papier-maché crafts  
Water spraying (weather permitting)

##### **1pm**

Aquafit & Naivelt Pool Time

##### **7:30pm**

#### **Jesse Laine Band**

featuring Naivelt's own

#### **Lucas Meillach-Boston**

Lasowsky Centre

#### **Sunday, July 19**

##### **1-2 pm**

Aquafit & Naivelt Pool Time

##### **3 pm**

Afternoon Tea

#### **Martin van de Ven and Ameena Bajer-Koulack**

Introduction to Music Camp 2015

Hill 2, Cabin 21

(Bring your chair, cup and plate)

#### **July 19 – 25**

Music Camp



Lucas Meilach-Boston, Martin van de Ven and Music Camp Ensemble  
UJPO Photo

As always I am looking forward to directing this year's music week at Camp Naivelt. My fellow teacher and collaborator will be **Ameena Bajer-Koulack**. She is known to the Naivelt/Winchevsky community for her performances with the Klezmer Kids and is currently studying at the University of Manitoba. Ameena will be in charge of the kids program as well as running the choir. She is an accomplished multi-instrumentalist and singer. I am looking forward to working with her for the week.

We are planning a week of Klezmer music and Yiddish song this year with a focus on Jazz. I have a few jazz standards lined up and we hope to combine the choir and the band for some of those songs. For those who are new to the Music Camp, we will be open to all levels and, as in the past, the program is flexible enough to accommodate changes once we know who will show up on Monday. In the workshops, Ameena will be sharing her expertise on the banjo and Celtic music. There will be evening jam sessions open to all comers. The Kids program will depend on the level of participation and the age range of the children, Ameena has lots of experience working with a variety of age groups.

If you are at all interested in coming to music camp, it's not too late. **Registration forms will be available this Sunday at 3pm, Hill 2, Cabin 21.** I'm really looking forward to the Naivelt music week. I hope to see you there.

**Martin van de Ven**

## Youth Activities this Saturday Rain or Shine

Naivelt youth will meet at the Lak (Lasowsky Centre) at 11 on Saturday morning for both indoor and outdoor activities, if the weather cooperates.

The weather is calling for a 40 percent chance of rain, but there will be water spraying if the rain holds off. If you send your children, please provide them with something that they can use to spray water with. (In my day, these were called water guns).

The “plan” is to make some decorations for the banquet if it rains. Papier-maché materials will be set up in addition to the other items available at the Lak.

If people have newspapers that they have not recycled, we’d appreciate if they could bring them to Camp and either drop them off in front of the Lak or inside our cabin, Hill 3 #9.

**Ronit  
H3#9**



## Catch the Jesse Laine Band at the Lak this Saturday Night

by Jacob Bakan

The Jesse Laine Band is performing at the Lasowsky Centre on Saturday night at 7:30.

This talented group of musicians have been drawn to **Jesse Laine**’s subtle yet magnetic songwriting. Inspired by the spirit of the 60s that pervaded his upbringing, Laine holds a great interest in philosophy and spirituality. Influences range from Leonard Cohen, Led Zeppelin and Van Morrison, to Carlos Castaneda and Li Hongzhi.

The band features Laine’s brooding vocals and intricate guitar work, as well as the guitar, flute and saxophone of **Lucas Meilach-Boston**. Rounding out the band is the formidable rhythm section of **Ian McKeown** on bass and **Dennis Song** on drums.

Laine’s debut album, **Love Hierarchy**, is available at [www.jesselainemusic.com](http://www.jesselainemusic.com).

## Slippin’ and Slidin’ All Day

On Saturday, July 11th the youth engagement team set up a slip and slide on Hill 3. It was a big success and there will be more to come this summer. Yes, even adults can have a turn.

Sunday, July 12th outdoor games were followed by chalk drawing on the floor of the Lac.

**Photo and story by Ronit Little**

# Need a Bike?

The bike cabin (Hill 2, #15) will be open this Saturday morning from 10:30 to 11:30 am, for anyone who wants to pick up a bike.

For many years, **Tom Hinton**, Hill 3, #13, has been fixing and restoring the many bicycles at Camp Naivelt, and he has taken a long overdue retirement from that task. Many, many thanks to Tom.

If there is anyone interested in working on the bikes, please contact Robert Bredin at Hill 3, #14.

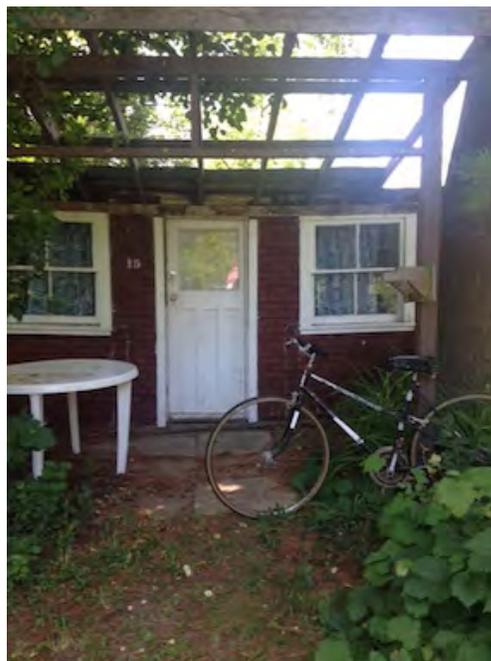


Photo by Adele Rosenbloom

## Bagel Brunch with Mitch Smolkin Evoked Moving Response

by **Janice Meilach**

Sunday's bagel brunch this past week featured Mitch Smolkin. Mitch is a psychotherapist, a singer who often sings in Yiddish and past organizer of the Ashkenaz festival in Toronto. The topic was "The Holocaust and the Third Generation: Understanding Intergenerational Trauma". In his heartfelt presentation, Mitch explored the unique experiences of the grandchildren of Holocaust survivors.

Mitch immediately captivated the audience as he began his presentation singing, "*Unter Dayne Vayse Shtern* (Under Your White Starry Heaven)" a haunting song of struggle in the Vilna Ghetto expressing anguish and diminishing spirit. He then read from a chapter he wrote in the book *In the Shadows of Memory: The Holocaust and the Third Generation* - (edited by: Esther Jilovsky; Jordana; David Slucki) that will be published this summer. In his chapter entitled "Strength in the Shadows: Shifting Perspectives on the Integrity of Intergenerational Healing", Mitch gives an autobiographical account of how the Holocaust was a forbidden subject in his own family and that these unspoken words were the very thing that shaped his life so dramatically.

Silence comes from shame, from guilt and from a deep need for Holocaust survivors to protect themselves AND their loved ones from the pain that they endured. So silence becomes a protective barrier hiding vulnerability, feelings and erasing opportunities for true intimate and trusting relationships across the generations.

The question-and-answer period was very moving and served as an invitation to many members of the audience to share the impact of being a grandchild or child of a Holocaust survivor.

In addressing their experiences Mitch was able to draw on his understanding of interpersonal neurobiology, attachment and trauma. He described how defensive responses such as "fight and flight" develop in order to deal with an unsafe world and that these survival responses get passed down to the next generation.

To ease the impact of trauma and its transmission to the third generation Mitch was able to point the way to suggestions for healing; through a trusting relationship with a psychotherapist, through revisiting the site where family members lived during the Holocaust, through dialoguing with our children and respecting their unique needs, through dreamwork and through art.

Mitch ended his talk with another song he sang in Yiddish, one at his grandmother's funeral, "*Di Zun Vet Aruntergeyn* (The Sun Will Set)" an allegory for passing from this lifetime and falling into eternal rest.



Photo by Nicole Bennett



Photo by Jacob Bakan

## SALSA CENTRAL!!

The Naivelt 2015 season is well under way, and with no shortage of energy. We're officially back in the groove – literally – with last weekend's salsa dancing at the Lak.

## Give a Cheer!

Welcome to Naivelt to **David Hermolin** – all the way from Australia! A Belated Happy Birthday as well!



Happy Birthday to **Gillian Halstead** on July 17



Happy Birthday to **Shauna Van Sickle** on July 18



Thank you to **Laurie Bell** for going above and beyond as a guest at Camp Naivelt, working on several issues of the Naivelt News in 2014 and 2015, and weeding Sybil's garden, to mention just a few of her many contributions.



Back by popular demand, Miko Sobreira brought together young and old on Saturday. We were thrilled to have him back to teach us once again. This was just one of the many ways our community loves to come together, in funky song and dance events – and what better way than to a Latin salsa beat!

Regardless of how hot it was in the Lasowsky Centre, whether you were dancing or sitting back and living vicariously through others, it was fun for all.

And the fun didn't stop there – the salsa continued throughout the weekend, when some could be seen still practicing their moves in the pool, and around camp. (Author's note: Special thanks to Zohar for dancing with me all through Sunday's Aquafit!) The kids loved dancing and shaking, but as always, Lisa Ross proved herself to be the star salsa pupil!

The buzz in the crowd is that there may even be an off-season brunch and salsa class at Lula Lounge in the city! All in all, the return of Salsa Dancing at Naivelt was funky and fun!

Divo... Diva... Super Diva!!

**Amelia Cameron, H2C14**

## What's On Next Week

### **Saturday, July 25**

Final day of Music Camp

**1 pm**

Aquafit & Naivelt Pool Time

**7:30pm**

Music Camp Concert

Lasowsky Centre

### **Sunday, July 26**

**10am**

Bagel Brunch

Jake Pyne:

Gender Non-conforming children and youth

Hill 3, Cabins 21 & 23

**1-2 pm**

Aquafit & Naivelt Pool Time

### Naivelt News

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Deadline for submissions : Tuesday noon.

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