

Naivelt נבייזעלע News

August 2 2013 Issue #5

COMING UP AT CAMP

Saturday, August 3

Music Camp Concert
7PM at the Lasowsky Centre

Music camp will end with a community concert at the Lac Shack. It is always a delight to see results of the week's study, practice and fun as musicians of all different ages and abilities join together to perform original arrangements of klezmer and other songs. Please bring your own refreshments.

Sunday, August 4

Peace Tea – The Bangladesh Building Collapse Tragedy
3PM at the Lasowsky Centre

Our Peace Tea this year will be devoted to honouring the victims of the fire in the Tazreen garment factory in Bangladesh, where by the latest count, over 1,100 people died. We are pleased to have Sharmeen Khan as our guest. Her talk is called "Understanding the Bangladeshi Factory Tragedy: Rethinking International Solidarity?"

The Peace Tea, a Naivelt tradition since the bombing of Hiroshima and Nagasaki in 1945, was organized to commemorate that tragedy. Each year the Peace Tea is devoted to issues we care deeply about, and to consider what we can do to prevent such crimes against humanity from happening again. As so many of the original UJPO members were garment workers, this year's topic seems particularly appropriate.

The Tea will be at the Peace Garden, outside the Lasowsky Centre at 3 P.M. Please bring your tablecloths, tea pots and goodies down before 1 P.M.

Bulletins

Saturday, August 3

Last Day of Music Camp

1PM Aquafit

7PM Music Camp Concert in the Lasowsky Centre. *Please bring your own refreshments.*

Sunday, August 4

1PM Aquafit

3PM Peace Tea on the Bangladesh Building Collapse Tragedy at the Lasowsky Centre, with guest Sharmeen Khan. *Please consider bringing teas, teapots, teacups, and treats to contribute.*

Sharmeen Khan began organizing in Saskatchewan and British Columbia in anti-globalization and labour movements. She currently works at CUPE 3903 and the Canadian Association of Labour Media. She is also an editor with Upping the Anti: A Journal of Theory and Action. She has recently been organizing in response to the Bangladeshi factory tragedy through mobilization, education and coalition building.

RECAPS

Credit Valley Conservation Authority Breakfast Talk:
The Hills are alive with the sounds of bats. This is what we learned from the Credit Valley Conservation Authority (CVCA) bat monitoring at Naivelt.

Dawn Renfrew, the Natural Areas Inventory Project Coordinator from the CVCA, gave a presentation last Saturday about the bat monitoring it has been doing on Hills 1 and 3 at Camp Naivelt. Sound monitors set up on the Hills were able to detect three distinct types of bats. Sounds of Northern Long Eared, Little Brown and Big Brown bats were all heard on the monitors. The species detected at Naivelt are all hibernating, as opposed to migrating, bats. Two of these three species – Northern Long Eared and Little Brown bats - are endangered and have been affected by White Nose Syndrome, a devastating fungus that causes hibernating bats to wake up too early, leaving them with insufficient energy to survive.

Dawn Renfrew concluded the discussion by telling us how we can make bat houses for the bats of Naivelt. Lev Jaeger will be working with kids at camp to build simple wooden bat houses to put up in locations likely to attract bats. Further data analysis by the CVCA after the breakfast talk revealed occasional calls of a 4th species, Hoary Bat, which is one of the migratory “tree bat” species.

A special thank you to Christine Cushing for hosting the talk at her cabin and preparing coffee and breakfast for all who attended. The CVCA is interested in doing future bat monitoring at Naivelt to see if it can detect different species of bats at other locations.



ABOVE: A photograph of the discussion on bats.

RECAPS, CONTINUED

Bagel Brunch: With guest Martin van de Ven and discussion about the Brain and the “miracle of myelin”. It was no surprise to any of us who enjoyed Martin’s bagel brunches in previous years, to find ourselves swept up by this year’s talk on learning, skills training, the brain and myelin. Martin explained that myelin is part of the neural network in our brain. It functions to expedite signal transfer in the brain, which helps us to build new skills. Myelin is created by making an effort so if you are comfortable, you are not learning. Martin talked about his experiences teaching and his own studies. He also presented a number of tips from a couple of books (see below). They present a neat guide to learning at any age.

- Focus on the learning process, not the outcome.
- Make use of mentors.
- Know your knowledge gaps.
- Describe precisely the skill you are trying to learn.
- Think about what you are trying to improve.
- Be passionate about what you are learning. Engage with it. Approach it with enthusiasm.
- Balance repetition and variety in your practice.

A popular theory asserts that it takes 10,000 hours to learn a particular craft. It was heartening to hear from Martin that anyone can learn a skill if they are willing and able to make the effort. What a great start for music camp!

Martin referred us to two books which look amazing. The first is called *The Talent Code* by Daniel Coyle. This site also has the video Martin showed us of a California woman who spent the past year transforming herself from an awkward beginner to a remarkably skilled dancer. For more information, visit:

<http://thetalentcode.com/>

Also check out: *Buddha’s Brain: The Practical Neuroscience of Happiness, Love, and Wisdom* by neurologist Richard Mendius, M.D., and with a Foreword by Daniel Siegel, M.D. and a Preface by Jack Kornfield, Ph.D.

<http://www.rickhanson.net/writings/buddhas-brain>

NEXT WEEKEND: A PREVIEW

Saturday, August 10

12:00 Bagel Making workshop with Alan Cantor (Part 1) in the Lasowsky Centre.

1PM Aquafit

2:15 Bagel Making workshop with Alan Cantor (Part 2) in the Lasowsky Centre

8:00PM Concert with Alarm Her Majesty in the Lasowsky Centre. Bring your own refreshments.

Sunday, August 11

10:00AM Bagel Brunch

10:30AM UJPO Community Meeting in the Lasowsky Centre

1PM Aquafit

IMPORTANT CONTACTS

MAINTENANCE ISSUES: Please note that cabin owners are responsible for their own cabin maintenance, so maintenance issues pertain to common areas, including water lines to your cabin.

Call Barbara Blaser who will contact Sol Blaser: 416-268-4405

EMERGENCY 911: Hill 1 address is Camp Naivelt, 8596 Creditview Road. Hills 2 & 3 are Camp Naivelt through Eldorado Park, 8520 Creditview Road.

Provide your Hill Number and Cabin Number (the fire department has access through the gates)

The Naivelt News is your source of information for all things Naivelt!

Deadline for submissions: **Monday at midnight!**

NEW SUBMISSION EMAIL:
naivelt.newsletter@gmail.com

NAIVELT POOL PASSES

Hi all Naivelters,

Even though it has been cool and there have been some glitches with the Eldorado Pool this summer, there is still plenty of swimming to be had and if you require pool passes, please go to the pool and ask for the Naivelt pool pass form. Be sure to bring your money with you. The staff will be able to answer any questions you may have with regard to cost since the summer is half over.

—Barbara Blaser

RECAPS, CONTINUED PT. 2

Concert with Eve Goldberg: “*Divine...*” This is how one Naivelter leaving the Lasowsky Centre described Eve Goldberg’s Saturday night performance. Eve performed two sets of mostly original songs on guitar and ukulele for an appreciative audience. Her music mixes blues, early jazz, folk and old time styles to create an original sound that is simultaneously simple, rich and deeply moving. Eve’s last performance at Naivelt was almost a decade ago, and it was a pleasure to have her back again. Hopefully it will not take a decade for us to invite her back. (Photo by Barbara Blaser)



<http://www.youtube.com/watch?v=JFqztN1CKIU>

Welcome!

- **Laurie Bell**, who will be staying with **Julia Barnett** in Cabin #37 on Hill #3.
- Welcome from London, Ontario **Yolanda Tomaszewski** (who spent Music Week renting Cabin 16 on Hill 1), and her friend **Ferne Kochberg** (who stayed with **Paula David** on Hill 1), along with their oboe and flute.

AUGUST 2013 CAMP NAIVELT PROGRAMS (as of July 28)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Music Camp 9:30–12:00 Band (in Lak) 11:00-12:00 Kids Choir (outside Lak) 2:30-4:00 Workshops & Community Choir (Lak)	2 Music Camp 9:30–12:00 Band (in Lak) 11:00-12:00 Kids Choir (outside Lak) 2:30-4:00 Workshops & Community Choir (Lak)	3 Music Camp 1PM Aquafit 7:30PM Music Camp Concert (Lasowsky Centre)	4 1PM Aquafit 3:00PM Peace Tea The Bangladesh Building Collapse Tragedy (Lasowsky Centre)
5 Civic Holiday 1PM Aquafit	6	7	8	9	10 12 Bagel Making workshop with Alan Cantor – Part 1 (Lasowsky Centre) 1PM Aquafit 2:15 Bagel Making Workshop with Alan Cantor Part 2 (Lasowsky Centre) Concert – Alarm Her Majesty (Lasowsky Centre)	11 10AM Bagel Brunch – 10:30AM UJPO Community Meeting (Lasowsky Centre) 1PM Aquafit
12	13	14	15	16	17 10:00 Bungalow Holders Meeting (Lasowsky Centre) 1PM Aquafit Tea & Games night (Lasowsky Centre)	18 10AM Bagel Brunch - Ester Reiter – Yiddish Soviet Poets (Hill 3 – Cabin 23) 1PM Aquafit
19	20	21	22	23	24 1PM Aquafit 5:30PM Closing Banquet Potluck/ Talent Night (Lasowsky Centre)	25 1PM Aquafit
26	27	28	29	30	31 Labour Day Weekend 1PM Aquafit	